



leap4change
leap4change.org

Become a LEAP4change Coach

Join our “LEAP 2 Lead”

Leadership Coaching Training of Trainers (TOT)

WHAT is a LEAP coach?

A LEAP coach is a passionate and dedicated individual, committed to working in diverse partnerships to inspire emotional intelligence, leadership and impact in 14-26 year olds.

WHAT is LEAP 2 Lead?

Statistics show that leaders can best lead if they know themselves and their world. LEAP 2 Lead is a heart centered leadership experience that builds self aware, confident young leaders committed to change their world. LEAP 2 Lead is designed to inspire emotional intelligence, resilience, vision and voice in each participant. The skills covered in this curriculum simultaneously help identify and eliminate hurdles, break down racial and socioeconomic barriers, and build diverse partnerships that keep the individual from reaching his or her potential. LEAP 2 Lead coaches the individual to see himself or herself as integral to the strength of a local and global community.



YOUR COACH: Lauren Calahan

Lauren Calahan is the Founder of LEAP4change Coaching and Consulting and LEAP Education Programs. For 25 years, Lauren has dedicated herself to creating and teaching personalized curriculum to students from pre-school to college, educators and professionals. An entrepreneurial educator and philanthropist, her passion is to unite diverse communities, listen to each student's vision, voice and vitality,

empower him or her to strive towards a personal best, and design and implement a plan of action to create a positive change in the world.

WHERE?

Lauren Calahan will run the course both from Darien, Connecticut and virtually on Skype if you are not able to attend in person.

Questions?

Feel free to reach out to Romy Solomon at romy@leap4change.org to learn more and register for the next training course.

lead. change. together.
www.leap4change.org

TESTIMONIALS:

*"I came into this journey with very few expectations. I was open to what would unfold and I am truly grateful that I took this chance! **Though LEAP, I have been able to redefine leadership all while learning a great deal about myself throughout the process. The training was transformative and has exponential potential for both personal and professional application. This curriculum needs to be in schools everywhere!** Wonderful journey, wonderful curriculum, and a phenomenal team! THANK YOU!!"*
- Chanel Ward, Associate Director of Diversity Education and Training, New York University

*"My expectations were to enter a leadership program that focused on collaboration, but I never expected to be in a position to have been as psychologically secure and supported as I was in the conversations we had during the training units. **I appreciate the focus on soft skills and emotional intelligence/EQ that is rarely seen in leadership training. I appreciate being challenged to walk out of my comfort zone to learn more about myself than I would otherwise do alone.**"*
- Douglas Franklin, Co-Founder and Managing Director, The Obodo Project

*"I expected the youth development curriculum to be solely geared for middle-school to college students. My expectations shifted when it created a space for me, as a professional, to experience the units, including the videos and quote references. I rediscovered how timely and powerful selected literary, film and historical references could be as a tool to 'touch, move, and inspire'. **I'd recommend the LEAP to Lead Training for any future colleagues interested in becoming a LEAP Coach.**"*
- Michelle Hopson, Managing Director, Hopson Consultancy, LLC



LEAP4change Impacts Emotional Intelligence

Below is a summary of the characteristics of leadership that LEAP coaches feel have been impacted because of their LEAP Training of Trainers (TOT) :

Understanding the data:

1= strongly disagree 2= disagree 3=not sure 4= agree 5= strongly agree

	Total % of 4's and 5's for Coaches	Overall Mean Score for Coaches (reflecting on personal impact)	Overall Mean Score for Coaches (reflecting on preparedness to teach others)
Respect	100%	5	5
Leadership	100%	5	5
Responsibility	88.89%	4.67	4.55
Positive Interaction	95.84%	4.6	4.6
Goal Setting	100%	4.94	4.93
Collaboration	100%	4.83	4.89
Integrity	100%	4.78	5
Self-Awareness	100%	4.76	4.89
Coping/ Resilience	100%	4.75	5

The LEAP 2 Lead TOT training focuses on the following themes:

- Choosing to be a leader
- Conviction and vision
- Respect and responsibility
- Courage to act
- Integrity and accountability
- Failure as opportunity
- Collaboration
- Innovation and inspiration
- Resilience and vulnerability
- The truth vs. your truth
- Personal and Professional development
- Marketing your LEAP
- Building your LEAP
- Leveraging the LEAP model